

September 2, 2021

Taste and See

I received a very insightful response to yesterday's *Journal* about seeing the goodness.

Hi Gerry,

Yes Gerry "seeing the goodness," but the place we most need to see the goodness is within ourselves. Can you "taste and see" your own goodness? Remember we need to taste it before we can see it. Just looking for the goodness outside of ourselves can be an avoidance of tasting the goodness within that "is God."

Blessings,

Of course, the writer is right. For most of my life, I could not see or taste any goodness within myself. Any good that I did was just to hide my own bad self-image. I felt beyond redemption. Toxic religion played a part in that understanding of myself.

Just a few weeks ago, I was seated alone on a bench in the back of Santa Chiara. As I looked out over the beautiful garden and saw the kids running around, laughing, and having lots of fun, I had this thought: *I created something beautiful*. During the last two torturous years for me emotionally, I often focused on my mistakes in my personal life and in the life of Santa Chiara to the point of being unable to see the goodness within myself and within Santa Chiara. Two people in my life now are helping me see things differently. One is my daughter, Baby.



I was way out on the end of the jetty as the storm approached.

I was almost to my car when the skies opened.

I was soaked by the torrential rains.



If you look closely at the above photo, you can see two people fishing. I walked to them. They were an old couple ignoring the approaching storm for the joy of fishing together.





I fish for bird photos. This was a lucky catch.

Today, the money raised (\$10,025) for the earthquake relief will be deposited directly into the bank account of the school in Les Cayes (L'École Saint Michel). The sisters will have access to the funds in 2 to 3 days. A huge thanks to all that made this possible.